

# UNIT 3 TOPIC 1

## MORALE, WELFARE, AND RECREATION/RIGHT START

### **LEARNING OBJECTIVES:**

- 3.1.1 Identify MWR programs available.
- 3.1.2 Identify the purpose of Operation Right Start.
- 3.1.3 Discuss the benefits of participation in Operation Right Start.
- 3.1.4 Discuss the purpose and concept of the MWR Bucks program.

### **REFERENCES:**

### **SLIDES:**

- 3-1-1 Morale, Welfare, and Recreation/Right Start
- 3-1-2 What is there to do?
- 3-1-3 MWR Goals
- 3-1-4 Some MWR Activities
- 3-1-5 Operation Right Start
- 3-1-6 Base Recreational Facilities
- 3-1-7 Navy Exchange
- 3-1-8 Liberty Program
- 3-1-9 Liberty Activities
- 3-1-10 Transportation
- 3-1-11 Go to town
- 3-1-12 Activities
- 3-1-13 Summary

### **CASE STUDIES:**

None

### **VIDEO TAPES:**

None

### **NOTES TO THE FACILITATOR:**

The main points of this topic are:

1. To introduce the students to the MWR program, its purpose, and what it offers.
2. To introduce the students to Operation Right Start, its purpose, and what it offers.
3. To introduce the students to the MWR Bucks program and what benefit this program offers.

# **UNIT 3 TOPIC 1**

## **MORALE, WELFARE, AND RECREATION/RIGHT START**

### **I. INTRODUCTION**

**Show Slide 3-1-1 MORALE, WELFARE, AND  
RECREATION/RIGHT START**

DISCUSSION POINT	RELATED INSTRUCTOR ACTIVITY
<p>A. The primary mission of the Morale, Welfare, and Recreation Department of the Navy is to ensure that healthy recreational activities are available for Sailors and their dependents.</p> <p>B. Programs vary from base to base but this lesson is designed to give an overview of what to expect here and at future duty stations.</p> <p>C. Operation Right Start is a program designed to introduce Sailors to MWR, educate them on recreational activities offered, and help them to develop leisure skills needed to participate in these recreational activities.</p> <p>D. As such, this lesson plan requires extensive personalization. Coordination with your base MWR, Operation Right Start, and local public transportation are essential. If possible, invite guest speakers from these departments and make student handouts with bus routes and schedules, local cab companies, telephone numbers, and cab fares.</p> <p>E. The MWR Bucks program is an incentive program offered to students who complete the Operation Right Start program. MWR Bucks are also given</p> <p>to each sailor upon completion of their specific school.</p>	<p>Open discussion with the question-“Do you know what types of recreation and extra curricular activities are available to you at different bases?”</p> <p><b>Show Slide 3-1-2 WHAT IS THERE TO DO?</b></p> <p><b>Facilitator Note:</b> Open Discussion by discussing the two major complaints of unhappy Sailors.</p> <ol style="list-style-type: none"> <li>1. There is nothing to do.</li> <li>2. How can I get there?</li> </ol>

DISCUSSION POINT	RELATED INSTRUCTOR ACTIVITY
<p><b>II. MORALE, WELFARE, AND RECREATION</b></p> <p>A. Goals- MWR functions as program manager for all recreation and club services within the Naval community. Some of the goals of MWR are:</p> <ol style="list-style-type: none"> <li>1. Promote and maintain the well-being and quality of life of military personnel and their families.</li> <li>2. Promote proper nutrition</li> <li>3. Encourage participation in programs that enhance physical, mental, and social awareness.</li> </ol> <p>B. Examples of services offered (may vary by command/location):</p> <ol style="list-style-type: none"> <li>1. Fitness centers</li> <li>2. Bowling</li> <li>3. Swimming</li> <li>4. Club facilities</li> <li>5. Single Sailor programs</li> <li>6. Libraries</li> <li>7. Intermural Sports</li> <li>8. Marinas</li> <li>9. Golf</li> <li>10. Auto hobby shops</li> <li>11. Craft shops</li> <li>12. Information, tickets, and tours</li> </ol>	<p><b>Obtain and discuss local programs, activities, and facilities available.</b></p> <p><b>Show Slide MWR GOALS</b></p> <p><b>Show Slide SOME MWR ACTIVITIES</b></p> <p><b>Remind the students that MWR is a volunteer program in that you do not have to plan, organize, or gather information for activities through the MWR office, but this program is designed to be “user friendly” and everyone should take advantage of the opportunity.</b></p>

- 13. Social programming
- 14. Child Development Center
- 15. Youth activities

### **III. OPERATION RIGHT START**

- A. Operation Right Start was designed to introduce new Sailors to the opportunities available to them via the MWR program. This program was started in 1996 and the curriculum for a 4 hour in depth leisure skills course was written in 1998.
- B. This program also provides participants with the basic skills necessary to be competent in an activity that they have and interest in.
  - 1. Tasked to serve Navy personnel and their family members, reservists, and retired military members.
  - 2. Offers a wide range of opportunities in modern MWR facilities. These facilities are managed by professional staff.
  - 3. The four hour leisure skills course teaches what there is to do, how to do it (basic skills), and points of contact at the different facility locations.
  - 4. As an incentive, some locations may provide MWR bucks or free passes to those students who participate in the Operation Right Start course.

**Show Slide 3-1-5 OPERATION RIGHT START**



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**DISCUSSION POINT**

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**RELATED INSTRUCTOR ACTIVITY**

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3. Some examples of Liberty activities are:
  - a. Trips and tours
  - b. Educational clinics
  - c. Athletic workshops
  - d. Tournaments
  - e. Picnics & barbecues

**V. TRANSPORTATION**

1. Transportation-Another common problem is how to get to recreational activities.
2. City bus
  - a. Fares
  - b. Routes
  - c. How to get back to base
3. Taxis
  - a. Expensive
  - b. Estimated fares to popular destinations
  - c. Cab companies with a reputation of high fares or dishonesty
  - d. Names and telephone numbers of common, reputable companies
4. Special bus services (if available)
  - a. Some bases have special shuttle busses to and from popular Sailor destinations.
5. Activities out in town
  - a. Shopping
    - NEX
    - Nearby bases with large exchanges
    - Factory outlets
    - Malls

**Show Slide 3-1-10 TRANSPORTATION**

This part of the lecture needs to be personalized to the specific location or area you are in. Research information on public transportation methods so you can provide useful information to the students.

**Show Slide 3-1-11 GO TO TOWN****Show Slide 3-1-12 ACTIVITIES**



**DISCUSSION POINT****RELATED INSTRUCTOR ACTIVITY**

- Swap meets
- Flea markets
- b. Restaurants
- c. Sporting events
- d. Concerts
- e. Outdoor activities
  - Beaches
  - Boating
  - Skiing
  - Hiking
  - Running
- 6. Good liberty choices
  - a. There are lots of good liberty choices that a Sailor can get involved in from free activities in the local communities to places where one must pay a fee. A Sailor doesn't need to drink away their paycheck at some dingy bar every weekend waking up the next day with empty pockets, cotton mouth, and a hang over. Be adventurous, explore what is available in the community from sporting events to good places to eat to what is of interest historically. You decide. Choose liberty where tomorrow and perhaps the rest of your life, you'll have fond memories.

Inform the students that there are so many good activities offered through MWR and the local communities there should be no reason to make bad liberty decisions.

**V. MWR BUCKS PROGRAM**

1. This is an incentive given to Sailors who have just completed the Right Start course and/or their training schools to encourage them to use the MWR facilities.
2. MWR Bucks can be used for any MWR sponsored recreational activity (except food, alcohol, and tobacco) throughout the Navy.
3. Not only does Operation Right Start give Sailors information on what there is to do and how to do it, they provide them with MWR Bucks at the completion of the 4 hour course so they have money in their pocket to begin using the facilities.
4. MWR bucks are also given to Sailors at the completion of their specific training school.

**VI. SUMMARY**

1. MWR is a program specifically designed to promote and maintain the well-being and quality of life of military personnel and their families through the organization and coordination of activities and facilities.
2. Operation Right Start is a program which introduces Sailors to the opportunities offered by MWR and provides them with basic skills needed to utilize these opportunities.
3. Make smart liberty choices and become familiar with those available in your area.
4. Transportation is a big issue when it comes to activities off base. Become familiar with the different methods of transportation in your area.

**Show Slide 3-1-13 SUMMARY**